



# Instructions for sending a stool sample

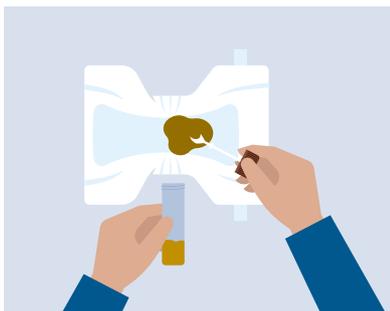
## You received the following materials:

- Registration form: “Formulier bij ontlastingsmonster”  
(Form with stool sample)
- Container with scoop
- Safety bag
- Grey plastic envelope for sending the sample

## Steps to collect a stool sample:



- 1** When you collect the stool sample, write the date on the sticker on the container.
- 2** Unscrew the cap and pull it off. There is a little white scoop attached to the cap.

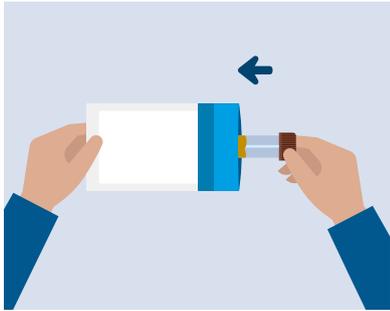


- 3** Use the scoop to collect a bit of your child's stool (poop). You could take it from the nappy, for example.
  - If your child's stool is too watery to collect a good sample, wait a few days to get the sample. Do not forget to change the date on the container's sticker if necessary.
  - Collect the stool sample within 7 days after your child's first symptoms.

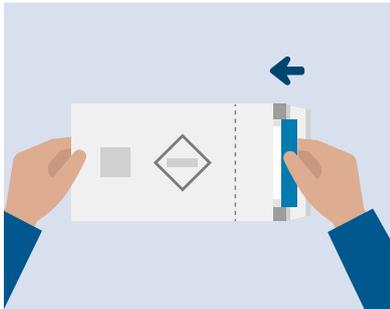


- 4** Put the stool material in the container.  
*Note! Only fill the container halfway (no more than that)*
- 5** Close the container. You can leave the scoop on the cap. Close the lid tightly and make sure the outside of the container is clean. If necessary, you can clean the outside with alcohol or soap.

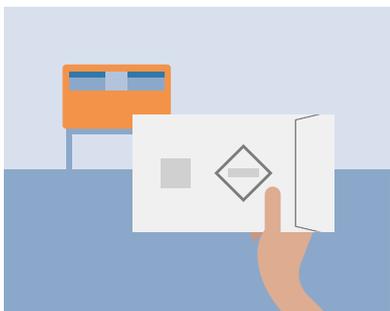
## Steps to package and send the container with the stool sample:



- 1 After closing the container, place it in the plastic safety bag.
- 2 Close the safety bag by removing the white strip and sealing the bag.



- 3 Put the closed safety bag in the grey mailing envelope.
- 4 Complete the form: “Formulier bij ontlastingsmonster” (form with stool sample) and add that to the grey envelope as well.
- 5 Close the envelope.



- 6 Send the filled envelope as soon as possible. The envelope can be dropped in a normal orange PostNL letterbox. A stamp is not required.

- If it is not possible to send in the envelope with the container right away, store it in the refrigerator until you can send it.

**Note!** Do not send in the envelope with the stool sample until *after you register online at [vragenlijst.rivm.nl/rovi](https://vragenlijst.rivm.nl/rovi) and confirmed that you agree to the consent form.*

**Thank you for your cooperation!**